**SRMT AND LIFE EMPOWERMENT PROGRAM – BOOK RESOURCES**

Llyn Roberts, MA

With Stacey Gibbons

And Shamanic Reiki Worldwide Faculty

Required

*Shamanic Reiki* - Roberts and Levy (O-Books, 2008)

*Shapeshifting into Higher Consciousness* -by Llyn Roberts (Moon Books, 2011)

*The Good Remembering* - by Llyn Roberts (Moon Books, 2007)

*Speaking with Nature* – Ingerman and Roberts (Bear & Company, May 2015)

Suggested

Reiki and shamanic books of your choice, very importantly: including Earth and soul honoring faerie tales and legends. Healing is about more than technique – it is a deep restoration of the soul of our culture, and us. And, we heal, as we heal our relationship with our Planet. Please share your favorites with us!

And here are some other books that you may be interested in. Asterisks denote those with foundational orientation and/or practices.

*\*A Story Waiting to Pierce You* – by Peter Kingsley (Golden Sufi Center, 2010)

*Anastasia* – by Vladimir Megre (Ringing Cedars Press, 1996)

*Animal-Speak* - by Ted Andrews (Llewellyn Publications, 1993)

*Awakening to the Spirit World* – Ingerman and Wesselman (Sounds True, 2010)

*\*Conscious Breathing* – by Gay Hendricks (Bantam, 1995)

*\*Earthing* - by Clint Ober, et al

*\*Focusing* – by Eugene Gendlin (Bantam, 1982)

*Entering the Circle* – by Olga Kharatidi (Harper Collins, 1996)

*Healing Lost Souls* – by William J. Baldwin, PhD (Hampton Roads, 2003)

*\*Fountain of Youth* - compiled by Peter Kelder (Harbor Press, 1989)

*Freeing the Captives* – by Louise Ireland-Frey, MD (Hampton Roads, 1999)

*\*Healing with Form, Energy and Light* - by Tenzin Wangyal, Rinpoche (Snow Lion Publications, 2002)

*Medicine Cards* - by Jamie Sams and David Carson (St. Martin’s Press 1999)

*Original Wisdom* – by Robert Wolff (Inner Traditions, 2001)

*Riding Windhorses* – by Sarangerel (Destiny Books, 2000)

*Sacred World* – Jeremy Hayward (Shambhala Publications)

*The Five Wisdom Energies* – by Irini Rockwell (Shambhala Publications, 2002)

*Spiritual Wisdom of the Altai Mountains* – by Nikolai Shodoev (Moon Books, 2012)

*The Last of the Shor Shamans* – by Alexander and Luba Arbachakov (O-Books, 2008)

*Toltec Prophecies of Don Miguel Ruiz* - compiled by Mary Carroll Nelson (Council Oak Books, 2003)

*Wild Earth, Wild Soul* – by Bill Pfeiffer (Moon Books, 2013)

*Women Who Run with the Wolves* – by Clarissa Pinkola Estes (Random House,

1992)

MAYA BOOKS:

*The Book of Destiny* - by Carlos Barrios

*Mayan Calendar Astrology* - by Kenneth Johnson